ACHIEVEMENTS FALL 2023

Men’s Badminton
Second Place – Men’s and Women’s Badminton (mixed championship)

Men’s Cricket
First Place: 13th RAKMHSHU Sport Festival 2023

Men’s Powerlifting
First Place: First Asian Universities Cup in Classic Powerlifting (Overall)
First Place (Individual) - Mohammad Subbah (Category 66 kgs- Bench-press)
First Place (Individual) - Nartan Shapsugh (Category 83 kgs -Squats)
Second Place (Individual) - Nartan Shapsugh (Category 83 kgs- Bench-press)
Third Place (Individual) - Hamza Zoualghena (Category 83 kgs - Bench-press)
First Place (Individual) - Ahmed Bassem (Category 93 kgs -Bench-press)
Second Place (Individual) - Ahmed Bassem (Category 93 kgs -Squats)
Third Place (Individual) - Ahmed Bassem (Category 93 kgs -Deadlift)
Third Place (Individual) - Ahmed Bassem (Category 105 kg-s Bench-press)

First Place – AUS Men’s and Women’s Intercollegiate Powerlifting Competition
Second Place (Individual) -Mohammad Al Hakam (Category 59kg- Squat)
Third Place (Individual)- Maaz Zahid Ahmad (Category 59kg - Squat)
Second Place (Individual)- Mohammad Al Hakam (Category 59kg- Bench Press)
Third Place (Individual)- Maaz Zahid Ahmad (Category 59kg- Bench Press)
Second Place (Individual)- Mohammad Al Hakam (Category 59kg - Deadlift)
Second Place (Individual)- Mohammad Al Hakam (Category 59kg - Over All)
First Place (Individual)-Hamza Zoual Ghena (Category 74kg - Squat)
First Place (Individual)- Hamza Zoual Ghena (Category 74kg-Deadlift)
First Place (Individual)- Hamza Zoual Ghena (Category 74kg-Over All)
First Place (Individual)- Ahmed Bassem (Category 93kg- Squat)
First Place (Individual)- Ahmed Bassem (Category 93kg- Bench Press)
First Place (Individual)- Ahmed Bassem (Category 93kg - Deadlift)
First Place (Individual)- Ahmed Bassem (Category 93kg -Over All)
Second Place (Individual)-Medhat Abouzeid (Category 105kg- Squat)
First Place (Individual)- Medhat Abouzeid (Category 105kg -Bench Press)
Third Place (Individual)- Medhat Abouzeid (Category 105kg - Dieadlift)
Third Place (Individual)- Abdullah Ahmed Al Hosani (Category 120kg - Squat)
Third Place (Individual)- Abdullah Ahmed Al Hosani (Category 120kg - Deadlift)
Third Place (Individual)- Abdullah Ahmed Al Hosani (Category 120+kg -Over All)
First Place (Individual)- Basil Hilal (Category 120+kg - Squat)
Second Place (Individual)- Basil Hilal (Category 120+kg- Bench Press)
Third Place (Individual)- Basil Hilal (Category 120+kg -Deadlift)
First Place (Individual)-Basil Hilal (Category 120+kg -Over All)
First Place (Individual)-Ahmed Bassem Best Lifter for Men
Second Place (Individual)-Nartan Ragab Best Lifter for Men

**Men’s Swimming team**

*Second Place: AUS Men’s Intercollegiate Swimming Competition 2023*

First Place (Individual) - Mohamed Sasi Fuad Atiyah (100 M Butterfly)
Third Place (Individual) - Mohamed Bassem Dwidar (100 M Butterfly)
Second Place (Individual) - Bara Taleb (50 M Backstroke)
Third Place (Individual) - Bara Taleb (100 M Freestyle)
Second Place (Individual) - Mohamed Bassem Dwidar (50 M Breaststroke)
Second Place (Individual) - Ahmed Mohamed Abdelhady (50 M Freestyle)
Third Place (Individual) - Mohamed Bassem Dwidar (100 M Breaststroke)
Third Place (Individual) - Mohamed Sasi Fuad Atiyah (50 M Butterfly)
Second Place (Individual) - Mohamed Sasi Fuad Atiyah (100 M Backstroke)
Second Place (Relay 4 x 100M) - AUS Men’s Swimming team

**Men’s Table Tennis**

First Place: 13th RAKMHSHU Sport Festival 2023

**Men’s Track**

Second Place: 13th RAKMHSHU Sport Festival 2023
Abdul Raffay: b00100018 – Silver Medal in 100 m sprint

**Women’s Badminton**

First Place: 13th RAKMHSHU Sport Festival 2023
Second Place – Men’s and Women’s Badminton (mixed championship)

**Women’s Basketball**

Second Place: Manipal Sports Festival 2023

**Women’s Chess**

First Place: 13th RAKMHSHU Sport Festival 2023

**Women’s Powerlifting**

*Fourth Place Overall – First Asian Universities Cup in Classic Powerlifting (Overall)*

First Place (Individual) - Lana Orabi (Category 69 kgs- Squats)
First Place (Individual) - Lana Orabi (Category 69 kgs- Bench-press)
First Place (Individual) - Lana Orabi (Category 69 kgs- Deadlift)

Second Place (Individual) - Rewa Hajjar (Category 57 kgs - Squats)
Second Place (Individual) - Rewa Hajjar (Category 57 kgs- Bench-press)
Second Place (Individual) - Rewa Hajjar (Category 57 kgs- Deadlift)

**Second Place – AUS Men’s and Women’s Intercollegiate Powerlifting Competition**

Second Place (Individual)Laila Youssef (Category 47 kgs- Squats)
Second Place (Individual)Laila Youssef (Category 47 kgs- Squats)
Third Place (Individual)Aisha Alqabandi (Category 52 kgs- Squats)
Third Place (Individual)Aisha Alqabandi (Category 52 kgs- Bench-press)
Third Place (Individual)Aisha Alqabandi (Category 52 kgs- Deadlift)
Third Place (Individual) Aisha Alqabandi (Category 52 kgs - Overall)
First Place (Individual) Rewa Hajjar (Category 57 kgs - Squats)
First Place (Individual) Rewa Hajjar (Category 57 kgs - Bench-press)
First Place (Individual) Rewa Hajjar (Category 57 kgs - Deadlift)
First Place (Individual) Rewa Hajjar (Category 57 kgs - Overall)
Second Place (Individual) Fatinah Shaker (Category 63 kgs - Squats)
First Place (Individual) Fatinah Shaker (Category 63 kgs - Deadlift)
Second Place (Individual) Lana Orabi (Category 69 kgs - Squats)
First Place (Individual) Lana Orabi (Category 69 kgs - Bench-press)
Second Place (Individual) Lana Orabi (Category 69 kgs - Deadlift)
Second Place (Individual) Lana Orabi (Category 69 kgs - Overall)
Third Place (Individual) Hana Saleh (Category 76 kgs - Bench-press)
Second Place (Individual) Hana Saleh (Category 76 kgs - Deadlift)
First Place (Individual) Rewa Hajjar Best Lifter (Women)
Third Place (Individual) Lana Orabi Best lifter (Women)

Women's Swimming Team

Second Place: AUS Women's Intercollegiate Swimming Competition 2023
Second Place (Individual) - Nelly Karim (50 M Butterfly)
First Place (Individual) - Nelly Karim (50 M Butterfly)
First Place (Individual) - Leen Samer Aljayyusi (50 M Freestyle)
First Place (Individual) - Nelly Karim (200 M Individual Medley)
First Place (Relay 4 x 50 M) - AUS Men's Swimming Team

Women’s Track
First Place: 13th RAKMHSHU Sport Festival 2023
Anna Yakoub: g00089647 – Gold Medal in 100 m sprint

Women’s Volleyball
First Place: AUS Men’s and Women’s Intercollegiate Powerlifting Competition
Nansy Ibrahim – Most Valuable Player Award
First Place: 13th RAKMHSHU Sport Festival 2023
First Place: Manipal Sports Festival 2023