

## **ACHIEVEMENTS FALL 2023**

### **Men's Badminton**

Second Place – Men's and Women's Badminton (mixed championship)

### **Men's Cricket**

First Place: 13th RAKMHSU Sport Festival 2023

### **Men's Powerlifting**

#### **First Place: First Asian Universities Cup in Classic Powerlifting (Overall)**

First Place (Individual) - Mohammad Subbah (Category 66 kgs- Bench-press)

First Place (Individual) - Nartan Shapsugh (Category 83 kgs -Squats)

Second Place (Individual) - Nartan Shapsugh (Category 83 kgs- Bench-press)

Third Place (Individual) - Hamza Zoualghena (Category 83 kgs - Bench-press)

First Place (Individual) - Ahmed Bassem (Category 93 kgs -Bench-press)

Second Place (Individual) - Ahmed Bassem (Category 93 kgs - Squats)

Third Place (Individual) - Ahmed Bassem (Category 93 kgs -Deadlift)

Third Place (Individual) - Ahmed Bassem (Category 105 kg-s Bench-press)

#### **First Place – AUS Men's and Women's Intercollegiate Powerlifting Competition**

Second Place (Individual) -Mohammad Al Hakam (Category 59kg- Squat)

Third Place (Individual)- Maaz Zahid Ahmad (Category 59kg - Squat)

Second Place (Individual)- Mohammad Al Hakam (Category 59kg- Bench Press)

Third Place (Individual)- Maaz Zahid Ahmad (Category 59kg- Bench Press)

Second Place (Individual)- Mohammad Al Hakam (Category 59kg - Deadlift)

Second Place (Individual)- Mohammad Al Hakam (Category 59kg - Over All)

First Place (Individual)-Hamza Zoual Ghena (Category 74kg - Squat)

First Place (Individual)- Hamza Zoual Ghena (Category 74kg-Deadlift)

First Place (Individual)- Hamza Zoual Ghena (Category 74kg-Over All)

First Place (Individual)- Nartan Shapsugh(Category 83kg- Squat)

First Place (Individual)- Nartan Shapsugh(Category 83kg -Bench Press)

First Place (Individual)- Nartan Shapsugh(Category 83kg-Deadlift )

First Place (Individual)-Nartan Shapsugh(Category 83kg -Over All )

First Place (Individual)- Ahmed Bassem (Category 93kg- Squat)

First Place (Individual)- Ahmed Bassem (Category 93kg-Bench Press)

First Place (Individual)- Ahmed Bassem (Category 93kg - Deadlift)

First Place (Individual)- Ahmed Bassem (Category 93kg -Over All)

Second Place (Individual)-Medhat Abouzeid (Category 105kg- Squat)

First Place (Individual)- Medhat Abouzeid (Category 105kg -Bench Press)

Third Place (Individual)- Medhat Abouzeid (Category 105kg- Deadlift)

Third Place (Individual)- Medhat Abouzeid (Category 105kg - Over All)

Third Place (Individual)- Abdullah Ahmed Al Hosani (Category 120kg - Squat)

Third Place (Individual)- Abdullah Ahmed Al Hosani (Category 120kg - Deadlift)

Third Place (Individual)- Abdullah Ahmed Al Hosani (Category 120+kg -Over All)

First Place (Individual)- Basil Hilal (Category 120+kg - Squat)

Second Place (Individual)- Basil Hilal (Category 120+kg- Bench Press)

Third Place (Individual)- Basil Hilal (Category 120+kg -Deadlift)

First Place (Individual)-Basil Hilal (Category 120+kg -Over All)

First Place (Individual)-Ahmed Bassem Best Lifter for Men  
Second Place (Individual)-Nartan Ragab Best Lifter for Men

### **Men's Swimming team**

#### **Second Place: AUS Men's Intercollegiate Swimming Competition 2023**

First Place (Individual) - Mohamed Sasi Fuad Atiyah (100 M Butterfly)  
Third Place (Individual) - Mohamed Bassem Dwidar (100 M Butterfly)  
Second Place (Individual) - Bara Taleb (50 M Backstroke)  
Third Place (Individual) - Bara Taleb (100 M Freestyle)  
Second Place (Individual) - Mohamed Bassem Dwidar (50 M Breaststroke)  
Second Place (Individual) -Ahmed Mohamed Abdelhady (50 M Freestyle)  
Third Place (Individual) - Mohamed Bassem Dwidar (100 M Breaststroke)  
Third Place (Individual) - Mohamed Sasi Fuad Atiyah (50 M Butterfly)  
Second Place (Individual) - Mohamed Sasi Fuad Atiyah (100 M Backstroke)  
Second Place (Relay 4 x 100M) - AUS Men's Swimming team

### **Men's Table Tennis**

First Place: 13th RAKMHSU Sport Festival 2023

### **Men's Track**

Second Place: 13th RAKMHSU Sport Festival 2023  
Abdul Raffay: b00100018 – Silver Medal in 100 m sprint

### **Women's Badminton**

First Place: 13th RAKMHSU Sport Festival 2023  
Second Place – Men's and Women's Badminton (mixed championship)

### **Women's Basketball**

Second Place: Manipal Sports Festival 2023

### **Women's Chess**

First Place: 13th RAKMHSU Sport Festival 2023

### **Women's Powerlifting**

#### **Fourth Place Overall – First Asian Universities Cup in Classic Powerlifting (Overall)**

First Place (Individual) - Lana Orabi (Category 69 kgs- Squats)  
First Place (Individual) - Lana Orabi (Category 69 kgs- Bench-press)  
First Place (Individual) - Lana Orabi (Category 69 kgs- Deadlift)

Second Place (Individual) - Rewa Hajjar (Category 57 kgs - Squats)  
Second Place (Individual) - Rewa Hajjar (Category 57 kgs- Bench-press)  
Second Place (Individual) - Rewa Hajjar (Category 57 kgs- Deadlift)

#### **Second Place – AUS Men's and Women's Intercollegiate Powerlifting Competition**

Second Place (Individual)Laila Youssef (Category 47 kgs- Squats)  
Second Place (Individual)Laila Youssef (Category 47 kgs- Squats)  
Third Place (Individual)Aisha Alqabandi (Category 52 kgs- Squats)  
Third Place (Individual)Aisha Alqabandi (Category 52 kgs- Bench-press)  
Third Place (Individual)Aisha Alqabandi (Category 52 kgs- Deadlift)

Third Place (Individual)Aisha Alqabandi (Category 52 kgs- Overall)  
First Place (Individual)Rewa Hajjar (Category 57 kgs- Squats)  
First Place (Individual)Rewa Hajjar (Category 57 kgs- Bench-press)  
First Place (Individual)Rewa Hajjar (Category 57 kgs- Deadlift)  
First Place (Individual)Rewa Hajjar (Category 57 kgs- Overall)  
Second Place (Individual)Fatinah Shaker (Category 63 kgs- Squats)  
First Place (Individual)Fatinah Shaker (Category 63 kgs- Deadlift)  
Second Place (Individual)Lana Orabi (Category 69 kgs- Squats)  
First Place (Individual)Lana Orabi (Category 69 kgs- Bench-press)  
Second Place (Individual)Lana Orabi (Category 69 kgs- Deadlift)  
Second Place (Individual)Lana Orabi (Category 69 kgs- Overall)  
Third Place (Individual)Hana Saleh (Category 76 kgs- Bench-press)  
Second Place (Individual)Hana Saleh (Category 76 kgs- Deadlift)  
First Place (Individual)Rewa Hajjar Best Lifter (Women)  
Third Place (Individual) Lana Orabi Best lifter (Women)

### **Women's Swimming Team**

#### **Second Place: AUS Women's Intercollegiate Swimming Competition 2023**

Second Place (Individual) - Nelly Karim (50 M Butterfly)  
First Place (Individual) - Nelly Karim (50 M Butterfly)  
First Place (Individual) -Leen Samer Aljayyusi (50 M Freestyle)  
First Place (Individual) - Nelly Karim (200 M Individual Medley)  
First Place (Relay 4 x 50 M) - AUS Men's Swimming Team

### **Women's Track**

First Place: 13th RAKMHSU Sport Festival 2023  
Anna Yakoub: g00089647 – Gold Medal in 100 m sprint

### **Women's Volleyball**

First Place: RIT Invitational Volleyball League  
Nansy Ibrahim – Most Valuable Player Award  
First Place: 13th RAKMHSU Sport Festival 2023  
First Place: Manipal Sports Festival 2023