



Psychology is the scientific study of the human experience. A discipline that can be applied to all aspects of everyday life, psychology considers both the internal and external factors that affect people and how we think, behave and develop. Psychologists are fascinated by the internal functions of the mind, seeking to understand human development and the behavior of individuals, organizations and even nations. Today, a degree in psychology is one of the most popular qualifications across the world, with graduates leading in an expanding range of professional fields. Psychologists are lifelong learners, influencing individuals, organizations and society as clinical mental health workers, business professionals, organizational psychologists, social workers, educators and criminal justice advocates, among other professions.



Possible Career Options

Working as a “psychologist” typically requires graduate training and licensing. Other career options include:

- Clinical Psychologist
- Counseling Psychologist
- Forensic Psychologist
- Sports Psychologist
- Industrial Organizational Psychologist
- Educational Psychologist
- Neuropsychologists
- Rehabilitation Psychologists
- Researcher
- Education: Professor/Teacher
- Training and Development
- Public Relations Specialist
- Communication Director
- Social Media Editor
- Advertising and Marketing Analyst
- Human Resources Specialist
- Salesperson
- Social Worker



Possible Employers

- Hospitals
- Outpatient and Inpatient Clinics
- Mental Health Clinics
- Psychiatric Facilities
- Government
- Military
- Non-Profit Organizations
- Social Service Agencies
- Rehabilitation Centers
- Private Corporations or Firms
- Educational Institutions: Schools, Colleges, Universities
- Local Educational Agencies
- Nursing Homes or Assisted-Living Facilities
- Long-Term Care Facilities
- Club Sport Leagues



Skills Required

- Ability to communicate evidence-based arguments both orally and in writing
- Ability to design and critically evaluate research studies
- Proficiency with statistics and data analysis
- Technology skills
- Systematic and ethical decision making
- Ability to collaborate with others
- Critical thinking and creative problem solving
- Leadership skills
- Ability to respond to stressful situations with resilience and patience
- Great interpersonal skills
- Ability to appreciate and apply culturally sensitive practices



Personal Attributes

- Genuine curiosity about the diversity of the human experience
- Cultural competency
- Integrity
- Patience
- Resilience
- Analytical
- Adaptability
- Empathy
- Reliability
- Observant
- Conscientious
- Fair and open-minded



Ways to Get Experience

- Doing an internship
- Work experience or volunteering
- Working in a research lab or on collaborative research projects
- Engaging in extracurricular activities
- Leadership position
- Attending workshops, seminars or conferences
- Minor in a career-specific field
- Designing a senior project