

# Tips on How to Rock your interview

## Before the Interview

- Research the company and the recruiter
- Find out the names and job titles of interviewers
- Determine the location of the interview and plan your trip
- Dress accordingly
- Print your resume and be ready for further inspection
- Review the job description

## During the interview

- Arrive early
- Be genuine
- Convey interest and knowledge about the position and company
- Control your body language and smile
- Avoid using fillers such as (umm, like or so)
- Listen to the questions carefully
- Take a minute to formulate your answer
- Answer questions using the STAR method (further explanation below)
- Don't discuss your personal problems
- Be prepared to ask questions
- Don't badmouth previous employer or supervisor
- Thank them for their time

## After the interview

- Send a Thank you email within 24 hours
- Follow up within 2 weeks
- If not offered the job, ask for a feedback

## The STAR Method

Talk about a **Situation** you were in, the **Task** or problem you faced, the **Action** you took and the **Results** of your actions.

For any interview, prepare these five success stories, ready to discuss in STAR format.

1. An accomplishment you're proud of
2. A time you went above and beyond
3. A conflict that was resolved successfully
4. A challenge that you overcame
5. A mistake that you learned from



**S.T.A.R.**